



Redlands Unified School District Voluntary Student Drug Testing Program Frequently Asked Questions

What about confidentiality?

The results of the voluntary drug testing program are completely confidential. This program is to help you and your student. Therefore, the Redlands Unified School District and its staff will not receive notification of your student's test results. ARCpoint Drug Testing will contact the parent directly by whichever method the parent has chosen on the sign-up form (e.g., e-mail, phone, mail).

Who will conduct the testing?

ARCpoint (Accurate, Reliable Confidential testing), an outside agency, will administer the testing and the processing of all test results. By using ARCpoint, the School District will have no knowledge of any test results. The procedures ARCpoint uses are listed in the document "Procedures/Protocols," which is available on the RUSD website.

How will students be selected for testing?

ARCpoint's database will randomly select students each month. Because selection is made randomly by a computer, it is possible that your student may be tested more than once during the school year.

I didn't take advantage of the early enrollment – can I enroll later in the year?

Yes. Enrollment forms will be available on the District website and at your high school. Forms can also be directly submitted to ARCpoint using their website at: www.testmystudent.com

Can a principal, teacher, coach, or other school employee select or send my child to be tested?

No. School district personnel do not have the authority or the ability to send any student to be tested. ARCpoint's computer database randomly selects students from the list of sign-up forms from parents who have authorized their student to be tested.

Can my student be tested more than once?

Yes. Every student in the program has an equal chance to be selected each month. The ARCpoint computer database randomly selects who will be tested from the entire list of students enrolled in the program. Even if a student has been tested previously, the computer could randomly select them again.

Who will know the results of my student’s test?

Only you, the parent, and ARCpoint will know the test results. When you signed your student up, you were asked to create a password and selected how you wanted to be notified of the results (e.g., e-mail, telephone, mail). When ARCpoint contacts you, they will verify you are the parent via your password. Then, and only then, will they discuss the test results with you. The school and the district will not be contacted at any time regarding test results.

I have a friend or neighbor who works in a local laboratory. Will they know the results of my student’s test?

No. If a test sample needs to have more detailed testing, an ID number will be assigned to each test and only the ARCpoint facilitator will know the actual identity of the student. The lab will never know the student’s actual name.

How is the urine tested?

ARCpoint will use a “dip stick” for the initial test. If a drug is detected, the sample will be sent to the lab for a more detailed analysis.

What drugs will be tested for?

- Amphetamines (speed, uppers, crystal)
- Barbiturates (downers, sleepers)
- Benzodiazepines (Valium)
- Cocaine (snow, crack)
- Ecstasy
- Methadone
- Propoxyphene (Darvocet)
- Opiates (heroin, codeine, oxycotin)
- Phencyclidine (PCP, angel dust)
- Marijuana (THC, grass, pot)

How long do certain drugs stay in a person’s system?

Amphetamine.....	3-5 days
Barbituates (except Phenobarbital.....	3-5 days
Phenobarbital.....	10-20 days
Cocaine.....	2-5 days
Opiates.....	2-4 days
Alcohol.....	1-2 days
Phencyclidine.....	7-10 days
Cannabinoids (Marijuana).....	14-45 days

What does a “positive” drug test mean?

A positive result for a drug test means that the individual providing the sample ingested or used a drug at some point in time prior to sample collection. There are several things that a positive result cannot tell us, including:

- The amount of drug ingested
- The exact time of ingestion
- The route or mode of ingestion (i.e., oral, snorting, intravenous injection, smoking, etc.)
- The frequency of ingestion
- The purity of drug ingested
- Whether ingestion was deliberate, accidental, unknowing, or legitimate.

What if my child refuses to submit to the test?

If a student refuses or avoids taking the test, parents will be notified.

What if I have questions about the detailed lab analysis?

An ARCpoint Medical Review Officer will be available to answer your questions. Any conversation between you and the ARCpoint representative will be strictly confidential. You will be given a complete printout of the lab results, and you can take them to your own health provider if you wish.

What will happen if my student tests positive for drugs?

You will be contacted by ARCpoint and sent a follow-up letter. The letter will identify the drug for which your student tested positive and include information about that particular drug. Neither the school nor the District will be notified.

Where can I get information now on how to combat drug abuse?

Please try these web sites:

General Guidance

www.parentingisprevention.org

www.samhsa.gov

www.drugabuse.ggov

Prevention

www.health.org/links

www.afterschool.gov/cgi-qinh/home.pl

www.ncadd.org

Getting Help:

www.Findtreatment.samhsa.gov

Or call toll free: 1-800-729-6686